

**2020 OISRA Nordic State Championship  
Summary Schedule (prepared 1-28-20)**

**POINT S FREESTYLE RACES**

<b>Date</b>	<b>Location</b>	<b>Event</b>
<b>FRIDAY</b> Feb. 21, 2020	Mt. Bachelor  STADIUM (near Timing Shed)	11:30 a.m. Coaches/Volunteers start Check In 1:00 p.m. <b>Mandatory</b> Coaches Meeting 2:00 p.m. Girls Start 6K Freestyle - mass start 2:45 p.m. Boys Start 6K Freestyle - mass start

**CENTRAL OREGON RADIOLOGY CLASSIC RACES**

<b>Date</b>	<b>Location</b>	<b>Event</b>
<b>SATURDAY</b> Feb. 22, 2020	Mt. Bachelor  STADIUM (near Timing Shed)	<b>8:00 am</b> Coaches/Volunteers start Check In 8:45 am Coaches Meeting (as needed) <b>10:00 am</b> Girls Start 5K Classic - 20 sec. interval start 5 min after Girls- Boys Start 5K Classic -20 sec. interval

**OSU CASCADES RELAY RACES**

<b>Date</b>	<b>Location</b>	<b>Event</b>
<b>SATURDAY</b> Feb. 22, 2020	Mt. Bachelor  STADIUM (near Timing Shed)	<b>12:30 pm</b> Girls Varsity Relay race - 3 X 800 meters (CL FS, FS) ~12:45 p.m. Boys Varsity Relay race - 3 X 800 meters (CL, FS, FS) ~ 1:00 p.m. Girls JV Relay race - 3 X 800 meters (CL, FS, FS) ~ 1:15 p.m. Boys JV Relay race - 3 X 800 meters (CL, FS, FS)

**AWARDS BANQUET**

<b>Date</b>	<b>Location</b>	<b>Event</b>
<b>SATURDAY</b> Feb. 22, 2020	Pacific Crest Middle School  3030 NW Elwood Lane Bend, OR	<b>2:00 pm</b> – School is open <b>2:45 pm</b> - Food is available to start eating: Racers, coaches, and volunteers complimentary thanks to State Meet sponsors. Other parents/families/guests requested \$10 per person with a \$20 cap per family. ~ <b>3:45 p.m.</b> – Awards Ceremony