

**Minutes for OISRA Board Meeting
September 24, 2020
Zoom Meeting**

Present:

Mike McManus, President (Alpine Division)
Eric Martin, Vice-President (Nordic Division)
Ryan Rooper – Treasurer and Alpine Liaison (Alpine Division)
Laura Gentry – Alpine Division
Dave Munson – Executive Director
Jinny Martin – Board Secretary
Nora Semonsen – OISRA Administrative Services

Absent:

John Collins, Nordic Division Liaison

A quorum was present.

Meeting started at 7:10 p.m.

1. PRELIMINARY BUSINESS

1.1 June 4, 2020 and August 13, 2020 Meeting Minutes

MOTION: Ryan R. moves to accept the June 4 and August 13 Meeting Minutes as presented.

Laura G. seconds.

VOTE: Unanimous approval.

1.2 Treasurer's Report was discussed and accepted.

1.3 2020-21 OISRA Budget

MOTION: Eric M. moves to accept the 2020-21 budget. Laura G. seconds

VOTE: Unanimous approval.

Discussion:

- Each division will decide separately about ordering state meet pins and will use division funds for purchasing these pins.
- Nora Semonsen adds verbiage to the volunteer form educating parents not to use the online OISRA volunteer form if they have registered a student – is a duplication of forms and incurs extra cost for OISRA.
- **ACTION!** Mike McManus will share with Nora S. and Laura G. an Alpine volunteer waiver that has verbiage that includes all Alpine leagues.
 - Waiver could reduce workload of Alpine leagues collecting paper volunteer waivers
 - Waiver could provide an easily accessible volunteer list for leagues to use
- All coaches' training course costs will be paid from OISRA funds – no reimbursements from divisions.
- OISRA pays background checks for all coaches. A check for records from another state will be run only for **new** coaches who had lived out of state in the past 10 years.

1.4 Participation Fees

- 1.4.1 Agreed to keep Participation Fees the same as last season: \$61 for Alpine and \$60 for Nordic.
- 1.4.1 Refund policy and Late fees will be discussed at next meeting.

2. OLD BUSINESS

2.1 OSAA Emerging Sports update

- First draft has been sent to Peter Weber.
- Have been invited to the October 12th OSAA Delegate Assembly meeting. Dave Munson will make a brief presentation.
- Biggest hurdle is getting confirmation from schools. Dave M. is working with Alpine coaches to get more confirmations.

2.2 Executive Directors report – Dave Munson

- OISRA cannot purchase event insurance for the Alpine state championships, but the Alpine league that is hosting the state championships can use the JD Fulwiller insurance agency to purchase league event insurance for that event.
- **ACTION!** Mike M. will pass on this information about event insurance to Dane Klindt.
- Insurance is in place for OISRA (cyber, D&O, general liability) and Nordic (liability)
 - Insurance companies, universally, will not be covering any liability for Covid-19. The argument is that the source of an infection cannot be proven.
 - Insurance company advises to have clear Covid-19 guidelines and have Covid-19 waivers in place.
- Covid-19 waivers have been created and are included in the registration forms
- Coaches' registration is open

2.3 Alpine Leagues' Contracts with OSIRA

- **ACTION!** Dave M. and Jinny M. will create a contract that defines the services OSIRA provides to the Alpine leagues.

2.4 Air Quality Standards

- MOTION: Eric M. moves that OISRA adopt the OSAA Air Quality Standards as written in OSAA Policy #5. Ryan R. seconds. See Appendix I.
VOTE: Unanimous approval.

2.5 Fundraising Committee report

- Mike M. notified Spencer Raymond that Spencer is the chairman of the OISRA fundraising committee
- Spencer R. can choose others to help him.
- Spencer R. confirms that Point S will give OISRA a \$5,000 donation (if OISRA has a ski season)– do not yet know how it will be distributed to both divisions.

2.6 Response to Pandemic

- [Covid-19 button](#) on website – links to guidelines from NFHS, OSAA, OHA, ODE, and US Ski and Snowboard

- Each division steering committee will make the decision whether to have a ski season separately. Each division will wait until they have made a “go” decision before opening student and volunteer registration.
- **ACTION!** Jinny M. will write a statement explaining that OISRA Covid-19 Guidelines at this time are for all coaches, racers, and volunteers to follow the guidelines established by OHS, OSAA, the schools, and venues. Mike McManus and Dave M. will help wordsmith this statement before it is emailed to the Board for their approval.

3. NEW BUSINESS

3.2 Approve Alpine Division 2020-21 budget

MOTION: Eric M. moves to approve the Alpine Division 2020-21 budget as presented. Ryan Rooper seconds.

VOTE: Unanimous approval.

3.3 Date for next Zoom meeting is November 5th at 7:00 p.m.

Meeting ended at 8:45 p.m.

Respectfully submitted by

Jinny Martin
OISRA Board Secretary

Appendix I

AIR QUALITY GUIDELINES

These OISRA guidelines have been copied from the OSAA guidelines, which were created in consultation with the Oregon Health Authority (OHA). The OISRA guidelines provide a default OISRA policy to those responsible for making decisions concerning the cancelation, suspension, and/or restarting of OISRA practices and activities based on poor air quality.

- A. **Designate Personnel:** *Given the random behavior of wind and air currents, air quality may change quickly. A Head Coach or supervising certified coach will monitor the air quality prior to and during outdoor activities. While typically due to wildfires, coaches need to also consider non-wildfire situations if the air quality is unhealthy.*
- B. **Areas With Air Reporting Stations:** *The Air Quality Index (AQI) should be monitored throughout the day, and during an event, to have the best data possible to make informed decisions about conducting practices and activities. Head Coaches or supervising certified coaches shall review the AQI information for all regions throughout the state on either the Oregon Department of Environmental Quality (DEQ) website at <https://oraqi.deq.state.or.us/home/map>, the Oregon DEQ app "OregonAir", or on the Environmental Protection Agency (EPA) Air Now website at https://airnow.gov/index.cfm?action=airnow.local_state&stateid=38 to determine if action is necessary (see chart below). Head Coaches or supervising certified coaches shall regularly review the AQI throughout events to assess deteriorating conditions.*
- C. **Areas Without Air Reporting Stations:** *Given the random behavior of factors related to the calculation of the AQI levels in different areas of the state (wind speed and direction) practices or events that are not near a reporting station should consult with local state and/or federal authorities to help determine the AQI level in your specific area. If air monitoring equipment is not available, Head Coaches or supervising certified coaches should utilize the 5-3-1 Visibility Index to determine air quality.*
 - 1) **5-3-1 Visibility Index:** *Making visual observations using the 5-3-1 Visibility Index is a simple way to estimate air quality and know what precautions to take. While this method can be useful, you should always use caution and avoid going outside if visibility is limited, especially if you are sensitive to smoke.*
 - a) *Determine the limit of your visual range by looking for distant targets or familiar landmarks such as mountains, mesas, hills, or buildings at known distances. The visual range is that point at which these targets are no longer visible. As a rule of thumb: If you can clearly see the outlines of individual trees on the horizon it is generally less than five miles away. It is highly recommended that Head Coaches and supervising certified coaches use pre-determined landmarks that were established on a clear day to determine their visual range.*
 - b) *Ideally, the viewing of any distant targets should be made with the sun behind you. Looking into the sun or at an angle increases the ability of sunlight to reflect off of the smoke, thus making the visibility estimate less reliable.*
 - c) *Be aware that conditions may change rapidly and always use the more conservative of multiple metrics (AQI, 5-3-1 Visibility Index, etc.).*

D. Act: This chart will help determine the action needed based on the air quality in your area.

Air Quality Index (AQI)	5-3-1 Visibility Index	Required Actions for Outdoor Activities
51 - 100	5-15 Miles	Athletes with asthma should have rescue inhalers readily available and pretreat before exercise or as directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Increase rest periods as needed.
101 - 150	3-5 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
151 - 200	1-3 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
>200	1 Mile	Because they involve strenuous activity for prolonged periods of time, all outdoor activities shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

E. Additional Resources: Head coaches and supervising certified coaches may also refer to OHA's fact sheet regarding School Outdoor Activities During Wildfire Events at <https://apps.state.or.us/Forms/Served/le8815h.pdf>. NOTE: While OHA's guidelines do allow for light outdoor activities in the orange level, the intensity and duration of high school ski practice/activities are not considered light activity.