

2022-23 REDMOND /CULVER SKI TEAM ATHLETE RULES OF CONDUCT

Redmond and Culver athletes are expected to:

1. REPRESENT your school. Adhere to all your schools athletic conduct policies. Your behavior, actions, and sportsmanship are on display at races, practices, in the classroom, and on the road. Maintain a positive attitude. Be the example for all those who have made this group possible.
2. Maintain Academic excellence. Be diligent with your schoolwork, studies, communication and cooperation with your teachers. Success is your future and maintains your eligibility.
3. Treat coaches, teachers, race officials, volunteers and parents with respect. Be courteous and polite. A simple THANK YOU goes a long way.
4. Attend all scheduled practices. Exceptions or special circumstances must be discussed with the Head Coach personally or over the phone PRIOR to the absence. Communication is key.
5. Be prepared and on time. Unexcused tardies or absences from school may result in temporary or permanent suspension from the team. Prepare for the day with proper equipment and be booted up and in your bindings at the designated meeting place and time.
6. Lettering policy, complete one or more of the following:
 - a. Athlete skis in at least 3 races in a varsity position.
 - b. Athlete finishes in the top ten in 3 races.
 - c. Athlete finishes in scoring position (top 3) for team time in 1 race.
 - d. Athlete who has made significant notable commitment and contribution to the team for 3 years or more.