

ALPINE SKI TEAM

The expectations of the Ski Team are as follows:

1. You are expected to represent the Bend High Ski Team very well with your behavior, actions and sportsmanship in competition, during training, in class and on the road. Remember, you are representing everyone that helps make this team possible.
2. Academic excellence is very important. Be diligent with your schoolwork, studies, communication, and cooperation with your teachers. Your school success is your future and maintains your team eligibility.
3. Treatment of coaching staff, teachers, race officials, race help, ski area personnel, volunteers, parents and equipment reps is expected to be in a polite and courteous manner. All of them support you and a simple THANK YOU goes a long way.
4. Any behavior unbecoming a Bend High Athlete may result in temporary or permanent suspension from the team.
5. You are expected to be in attendance at every Ski Team session, lecture, presentation, special project, video session, dry land training, and snow training. Exceptions or special circumstances must be discussed with the head coach personally or over the phone prior to the absence. Please cooperate with communication.
6. Unexcused tardies or absences from school may result in temporary or permanent suspension from the team.
7. You are to be POSITIVE towards every other Ski Team student athlete. SUPPORT and RESPECT for each and every teammate will be the standard. Treatment and behavior otherwise will result in evaluation of the effects to the team morale and that athlete's future and standing with the ski team.
8. Ski Team Lettering Policy is as follows:
 - a. Ski team member that skis in 3 or more races in a Varsity position.
 - b. Ski team member that places in the top 10 in 3 races.
 - c. Ski team member scoring a team time (top 3) in at least 1 race.
 - d. Ski team member who has made a significant notable commitment and contribution to the team for 3 years or more.