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# Skate Race

## OISRA Southern League

### Saturday, January 12, 2019 at 11:00 AM

#### **Race Organization:**

Dan Thorndike, Chief of Race

Dave Munson, Technical Delegate

Rois Cannon: Chief of Course Monitors

Sandy Crenshaw, Chief of Timing

Mark Gonzalez, Registrar/Calculations

Ryan Tomlinson: Registrar/Calculations

#### **Race Jury:**

Dan Thorndike

Dave Munson

Rois Cannon

Eric Martin

Janice Hatton

**Host Team:** Mt. View/Eugene

**Venue:** Diamond Lake

**Directions to Diamond Lake:** Drive south on Hwy 97 out of Bend. Beyond the town of Beaver Marsh, turn right onto Hwy 138 toward Crater Lake. Drive past the North Entrance to Crater Lake N.P. and continue on 138 past the turn for Hwy 230 (to Medford). Continue on Hwy 138 to the north end of Diamond Lake. Look for the left turn into the sno-park at the north end of Diamond Lake. There will be a "Ski Race" sign at this left turn.

**Race Format:** 5KM, Skate, Individual Start (20 second Intervals), Girls start first

**Waiver Required:** None

**Medical:** Pete Reinhardt is Chief Medical Officer and provides First Aid supplies and support. Tubing Hill is nearby and has additional medical resources.

#### **Schedule:**

**Individual Start Skate** (20 second Intervals)

- 11:00 AM, 5 KM Girls
- 11:15 AM, 5 KM Boys
- 12:30 Girls Relay Start (varsity and JV are combined)
- 12:50 Boys Relay Start (varsity and JV are combined)



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**Trail Passes:** Trail passes are not needed at Diamond Lake.

**Check-In Table:**

Volunteers check in with Tasha to confirm that you are present to volunteer.

Coaches check in with Tasha to pick up racers' bibs and your information packets.

**Seeding:** On line seeding at: <https://docs.google.com/spreadsheets/d/14YRgow9SO-5QOBzIGD1MYe4S-RZJibDLGH8VCWCdE2g/edit#gid=0>

Must be completed by Wednesday, January 9, 2018, evening.

Seeding is determined by coaches using 1-10 (1 starts first and 10 last)

**Start List:** The start lists will be posted Thursday evening at [www.oisra.org](http://www.oisra.org) on homepage in Nordic Announcements

**Results:** Unofficial results will be posted at [www.oisra.org](http://www.oisra.org)

**WE WILL BE TRYING LIVE TIMING.**

Go to:

[www.oisra.org](http://www.oisra.org)

Scroll down to "Nordic Division" (a black button)

Click on "Live Timing" (a black button)

Click on "Live Timing Boys and Girls"

**Start Procedure:** A start wand will be used. The starter shall give every competitor a 10-second warning before start with a verbal "10 seconds" before the start. He/she shall count "5-4-3-2-1 and go." Competitor may start any time after "3" seconds.

A competitor who starts late shall not interfere with the start of the other competitors.

There will be a separate start lane for any late starters.

If a competitor starts late, the competitor's actual start time will be noted in case the jury decides his late start was due to force majeure.

When a competitor starts late, the start list time will count for the start time.

**Passing:** A competitor who is overtaken must give way on the first demand ("On your right/left").

**Direction of Skiing:**



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The courses will be open for skiers during the races, but skiing will only be allowed one way in the direction of the race.

**Finish:**

The Finish of the race will be 2 lanes.

Once a competitor enters a finish zone where lanes are marked, they must choose a corridor. A competitor is allowed to leave the chosen corridor as long as they do not obstruct another competitor.

**Parking: Sno Park Permits are NOT required.**

**Spectators:** Spectators may ski or snowshoe on the race course, but must not interfere with racers' progress. Spectators can walk to the Start/Finish areas. Please stay outside the areas marked off by ribbons.

**Maps:** Are posted on the website: [www.oisra.org](http://www.oisra.org) on the home page. Scroll down under the photo of the Nordic skier to the "Nordic Announcements" to find the links.