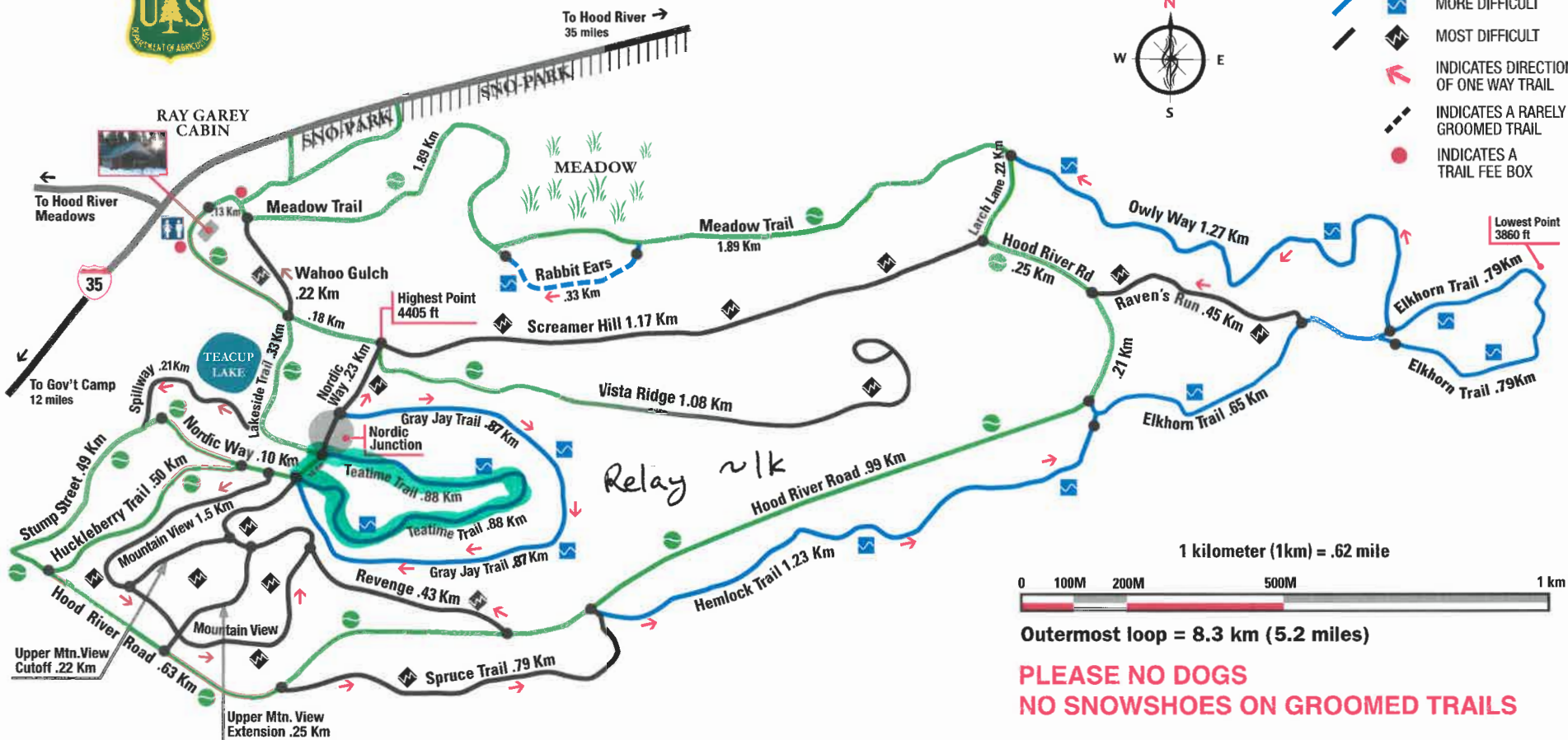




# TEACUP NORDIC TRAIL SYSTEM IN THE MT. HOOD NATIONAL FOREST

## LEGEND

- COLOR-SYMBOL-MEANING
- ● EASY
  - ■ MORE DIFFICULT
  - ■ MOST DIFFICULT
  - INDICATES DIRECTION OF ONE WAY TRAIL
  - - - INDICATES A RARELY GROOMED TRAIL
  - INDICATES A TRAIL FEE BOX



Outermost loop = 8.3 km (5.2 miles)

**PLEASE NO DOGS**  
**NO SNOWSHOES ON GROOMED TRAILS**

**Your paid trail fees and membership fees are the only source of funding!**  
**Please do your part and pay at least \$10.00 per skier per day!**

Membership in the Teacup Lake Nordic Club is available online at [www.teacupnordic.com](http://www.teacupnordic.com) and costs just \$75 per year for a single annual membership. Donations to Teacup are tax deductible. I.R.S. determination letter of 501c3 status furnished on request.