

Minutes for Nordic Steering Committee Meeting

May 3, 2015

Eric and Laurie Martin's house - 1821 NW Glassow

Bend, Oregon

Present:

Nordic Director	Eric Martin (voting)
Assistant Director	Pete Reinhardt (voting)
Southern League Rep	Laurie Martin (voting)
Nordic Secretary	Jinny Martin (non-voting)
State Meet Coordinator	Bill Martin (non-voting)
Asst.Coach/Administrator for Eugene teams	Janice Hatton - provided opinions from perspective of Eugene teams

Not Present:

Commissioner Charlie Wilshire (voting)

A quorum (2/3 of voting members) was present.

Eric Martin called the meeting to order at 12:09 p.m.

1. PRELIMINARIES

1.1 Minutes from 2014 Fall meeting - unanimously approved

1.2 Treasurer's Report (Brice Murri's Spreadsheet)

- Stayed within budget - had extra \$500 in balance at end of season
- Keep same budget for next year
- If Northern League skiers join OISRA and OISRA covers state meet trail passes for skiers and state meet banquet costs for coaches, skiers, and volunteers, then
  - budgeted expenses would increase by \$4000
  - projected income would increase by \$2,000
  - there would be a deficit of \$2,000
- Ideas for how to handle the deficit of \$2,000
  - ask Northern League to find another sponsor for the state meet (\$2,000), because Southern League is contributing \$4300 of donations to the State Meet expenses.
  - ask Northern League to pay for trail passes for Northern League skiers for state meet.

MOTION: Accept Treasurer's report

VOTE: Unanimously accepted.

MOTION: Keep Nordic Division fees at \$10.

VOTE: Unanimously accepted.

2. OLD BUSINESS

2.1 Review of State Meet - Bill Martin (See Appendix I for Bill's report)

- Pete liked having the relay on Friday - students have to miss Friday of school anyway, so can start earlier and do the relay on Friday. Get home earlier on Saturday.
- Can't have a "mixed relay" of classic and skate on Friday - too hard to have skis waxed for classic on Friday (for relay) and on Saturday for classic
- State Meet Race Committee will make decisions about race formats for state.

### 3. NEW BUSINESS

3.1 Proposals from Rules Committee - reviewed Minutes from Race Rules Committee - see Appendix II for detailed proposals.

Hand Timing: how to use tenths of a second and how to define a tie	Approved
Changes to Race Rules: Behavior in zones where corridors are marked, and change "flat terrain" to "undulating terrain"	Approved
Allow J-1 skiers to get times, but not displace or contribute to any team time	Approved
Make Mt. Bachelor perpetual location for state meet - Table for discussion later	Not Approved

3.2 Proposals "other than" proposals from rules committee: see Appendix III for detailed proposals.

Define state meet qualifying races and allow for races that are not ranked	Approved
Add to Nordic Policies the itemization of required topics for League Standard Operating Procedures - all topics can be handled differently for different leagues	Approved
Move Temporary Membership description from OISRA Policies to Nordic Division	Approved
Move Guest Membership description from OISRA Policies to Nordic Division Policies	Approved
Jan. 1st will be the date when League Allotments for state meet are decided	Approved
Change date for state meet to "Friday before the OSAA Spring Sports training begins"	Approved

3.3 Southern League race schedule (see Southern League minutes)

MOTION: Approve Southern League Race Schedule as decided by Southern League

VOTE: Unanimously approved.

3.4 Possibility of OHSNO teams coming back to OISRA

- Reviewed first meeting between OISRA and OHSNO - see Appendix IV for minutes of meeting
- Don't know timeframe of when OHSNO will let OISRA know what they want to do.
- Will have a special Nordic Steering Committee Meeting this summer if OHSNO teams decide to join OISRA
  - There will be a Northern League rep (with voting rights) at the "special Steering Committee Meeting ."
  - Other Northern League coaches are welcome
  - Will help Northern League write their Standard Operating Procedures if they want this help

Meeting adjourned at 1:30 p.m.

Respectfully submitted by  
Jinny Martin, Nordic Division Secretary

## Appendix I

# State Meet Coordinator Report

## 2015 Central Oregon Radiology Associates

### OISRA Nordic State Championship

Feb 20 & 21, 2015

**Compiled by Bill Martin**      State Meet Coordinator

**Race Venue:**                      Mt Bachelor Ski Area

**Title Sponsor:**                      Central Oregon Radiology Associates

    The Tire Factory

This report is a compilation of comments from key people, as well as copies of schedules, results, expenses, and maps, that are also posted on the website. The State Meet Budget is included in the report. The purpose is to provide information for review by the Steering Committee and for future State Meet coordinators to use for planning purposes.

### Table of Contents

**REPORT:** 2015 Comments from key people.

### **ATTACHEMENTS (Some to be added later - all are not included in this report)**

- 1) State Meet Forms Due Dates
- 2) Registration Form
- 3) Awards Banquet Information
- 4) 2015 CORA / OISRA Nordic State Championship Schedule (Friday and Saturday)
- 5) Information for the 2014 State Championships
- 6) Medical Plan
- 7) Timetable (Friday) Timetable (Saturday)
- 8) Maps for Friday Freestyle Course, Friday Relay Course, Saturday Classic Course.
- 9) Copy of awards banquet program
- 10) Results
- 11) TD report: None filed
- 12) Jury meeting: None held

## **Event coordinator BILL MARTIN**

This year was a very low snow year. The 2015 State Meet was scheduled for Mt. Shasta, California but this area was only open for a short time in the beginning of the winter. I received reports from Kim Lockett from the Ashland team that she thought we would not have enough snow at Shasta to have our meet. The long term weather reports showed no snow in the forecast so on January 28, 2015 I canceled the Mt. Shasta venue and asked Mt. Bachelor to hold our meet there. Sue Foster, the manager of the Mount Bachelor Nordic area, said that they could not commit, at that time for us to hold our meet at Mount Bachelor.

Two weeks before the meet I submitted a proposal for the state meet races venues along with a grooming plan, for the State Meet. This was for Friday at Emil's landing and Saturday start at the Soccer field. Sue countered with a proposal that we have the venue on Thursday and Friday. I made a counter proposal because of the objection by some parents and race officials to moving to Thursday. I proposed to move our relay to Friday and to make it all Free style so that we would only be at Mt Bachelor for about an hour on Saturday. This was done so Mt Bachelor would be impacted by us only for a short time on a busy day. At the time Mt bachelor was getting heavy use as most of the other ski areas in Oregon were closed. Sue said she would talk to me on the weekend (Feb 14, 15, 16). On the 16<sup>th</sup> she finally said we could go with our proposal for Feb 20 and 21. At that time Jinny Martin send out the venue to the coaches and race help so that we could make our final plans.

### **FRIDAY February 20, 2015**

I thought the venue of the two races on Friday worked out well for us. Dave Munson came up with a layout for the start, finish and lap lane at Emil's that provided an excellent area for the racers and the public to view the race. (See post-race map for Emil's.)

There were two women from the Bulletin newspaper on Friday to cover the race and we had good coverage in the Saturday paper.

The 5.5 K free style Started at Emil's and went down Woody's and up Deveka's.

The relay started at Emil's and went clockwise around Jays Trail. .

12:30 PM Girls free style race started with 30 girls and 41 boys.

2:00 PM Relay started both the varsity and JV raced in the same wave.

2:45 relay ended. No penalties were imposed.

3:30 PM The race course and the tents were pulled and the race gear was stored at the Soccer field and the food support equipment was returned to Bend.

## **SATURDAY February 21, 2015**

Temperature at 8 AM was in the high 20's the snow was power tilled sugary ice., during the classic race the temperature was mid 30's.

The race started 10:00 AM. The course started at the Soccer field and went our along the trail by the entrance road to the oval. From the oval the course went west on the Cascade Lakes Highway to the common corridor and followed the trail around the Soccer field to the finish at the Soccer field.

2:00 PM: food was served at the Cascade Middle school.

2:30 PM: The award presentation started. Pete Reinhart, Dan Thorndike, Charlie Wilshire and Eric Martin and Laurie Martin, Russell Johnson and Tom Opsal, presented Awards for: The Biathlon, The Most Improved Skier, the Ski Meister, and the Sportsmanship Awards. Next the Awards for the individual Classic, Free and Combined Races were presented. Then the trophies for the team relay and team races were presented.

Trophies were made by Bend Awards, The Boards for team Plaques were made by the Mountain View High School Wood shop. CORA was the title Sponsor for the Meet along with the Tire Factory, the Oregon Nordic Club paid \$400 toward the trophies.

3:00 PM finished

Overall the Meet went very well. The volunteers were at a high level of competence with several years of experience.

Recommendations for Next year.

Make the Classic race more difficult by having more vertical elevation gain. This years course could almost be double poled by the stronger skiers

## **Eligibility, Start Lists, Communication with Media by Jinny Martin**

Because there were only four league races, every skier who had participated in two races (50% of the total league races) was eligible to participate in the state meet. One student made a hardship appeal and it was granted. One student did not have academic eligibility because of not being enrolled in enough classes. She was allowed to participate, but she was not allowed to represent her school. Her race times were not part of the school's team results.

All coaches sent in start lists on time, and the start orders were complied on time and with no problems.

The start orders had 42 boys and 31 girls.

The Bulletin sent out a photographer and a reporter on Friday, and they wrote an article, including photographs, for Saturday's newspaper. They asked us to supply a photograph of the

awards on Saturday, and they wrote an article (including our photo) for Sunday's paper based on receiving the race results for Saturday's race.

The Daily Tribune (Ashland) wrote a brief article for their online prep sports coverage for Sunday.

I sent in the results by email to the Register Guard (Eugene), but did not receive any feedback that they wrote anything about the event.

March 1 2015

Post Race Map  
start changed  
Relay moved from Sat to Friday

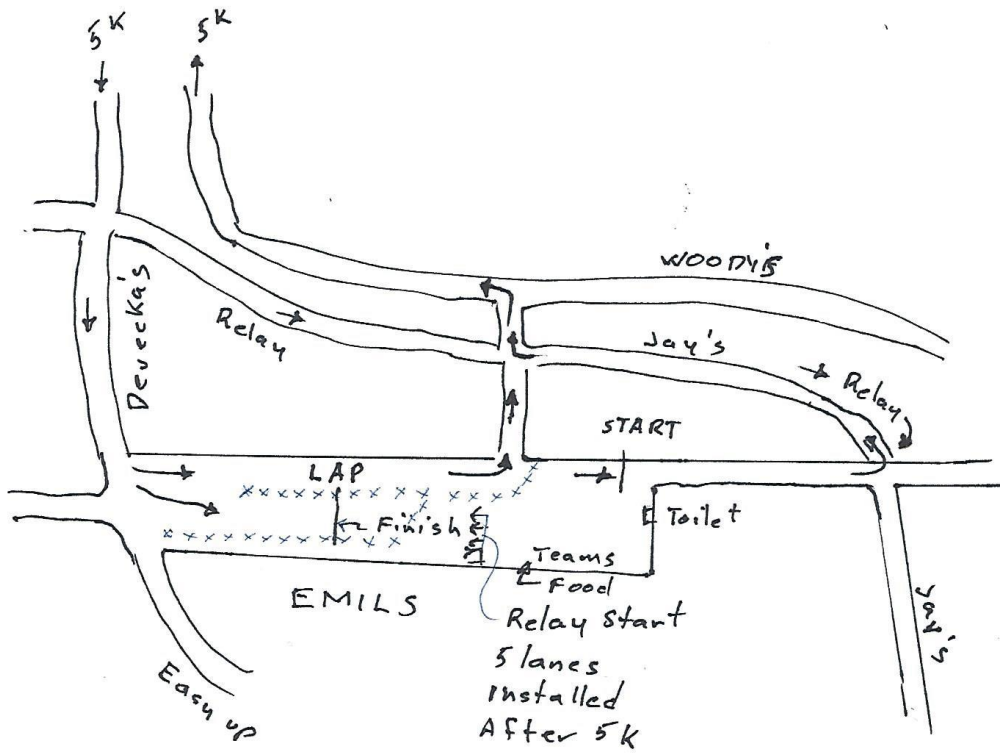
State Meet

DISRA 2015

Mt Bachelor

Friday 5.5K Free

and 3 x 1K Relay Fr.Fr.Fr.



## Appendix II

**Proposal 1:** Change the section in the Nordic Race Rules that deals with Hand Timing (Section B, 15) to read as follows (*additions in bold italics*):

### 15. Timing

#### 15.1 General

15.1.1 Any primary timing system (hand-timing or wand and photo beam) will be supplemented by hand timing as a validation system and results cross-checked between the two systems.

15.1.2 A least two stopwatches will have the freeze dial option so times can be read while the continuous time is still running and/or will have the option of recording into electronic storage.

15.1.3 It is desired that two of the watches be able to record into storage 500 separate times.

**15.1.4 Hand timing will be recorded to the hundredths of a second from stopwatches that record to the hundredths of a second, but the times will be rounded to the nearest tenth of a second for the official results for any individual race, following these steps:**

**15.1.4.1 All timers write the times to the hundredths of a second on timing sheets.**

**15.1.4.2 Data entry person enters times into the calculations' sheet to the hundredths of a second.**

**15.1.4.3 Calculator sorts results and identifies any times that are within .2 second as a tie.**

**15.1.4.4 The tied time is the average of the times.**

**15.1.4.5 All times are rounded to the tenths for the official results.**

**15.1.5 Hand timing results for each individual race at the state meet will be calculated and posted according to the steps in 15.1.4, however the combined individual state meet results are calculated according to the following steps:**

**15.1.5.1 Retain the times as recorded to the hundredths of a second, and use these times when calculating the combined individual times.**

**15.1.5.2 Calculator sorts results and identifies any times that are within .4 second as a tie.**

**15.1.5.3 The tied time is the average of the times.**

**15.1.5.4 All times are rounded to the tenths for the official results.**

15.1.6 The head timer confirms that all watches are synchronized or all aspects of the timing system are operating correctly.

15.1.7 Hand-timing times for the racers will stop when their first foot crosses the finish line. The hand-timing validation system will separate out the times when more than one racer beaks the photo beam at the same time.

15.1.8 The clock's memory or other timing recording devices are not cleared until after the final results are official.



**Proposal 2:** Change the following race rules regarding definition of "obstruction," changing lanes in marked corridors, and changing "flat terrain" to "undulating " terrain. (*Additions in bold italics*)  
Section B, 10

10.6 Competitors during the Competition

10.6.1 *In all competitions obstruction is not allowed. This behavior is defined as deliberately impeding, blocking (by not following best line), charging or pushing any competitor with any part of the body or ski equipment.*

...

10.6.3 Once the competitors enter a zone where corridors are marked, they *must choose a corridor. A competitor is allowed to leave the chosen corridor as long as he is not obstructing another competitor (see 10.6.1)*

...

11. Description of the cross Country Competition Courses

11.3 The course shall consist of varying sections of climb, downhill and *undulating terrain* (recommended approximately 1/3 of each terrain.) . . .

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**Proposal 3:** Make additions to Section II of the Nordic Policies (*additions in bold italics*):

*D. Leagues may allow J-1 skiers to participate in OISRA League events.*

- 1. J-1 skiers' race results will be reported, but their results do not displace any high school racer's results.*
- 2. Results for J-1 skiers do not count toward any team time.*
- 3. J-1 skiers can participate in the JV relay race.*

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**Proposal 4:** Change OISRA Nordic Policies Section III G 3 to read: "*The location of the state meet will perpetually be at Mt. Bachelor.*"

## Appendix III

**Proposal 5:** Add "OISRA Nordic State Meet Qualifying Events" to the OISRA Policies. *(additions in bold italics)*

### **G. OISRA Nordic State Meet Qualifying Events**

- 1) OISRA *\*sanctioned Nordic Division League races may be*
- *scored state meet qualifying races or*
  - *state meet qualifying races that are not ranked.*

*(\* An OISRA "sanctioned" race is attended only by skiers from OISRA member schools.)*

2) A scored state meet qualifying race that is attended by a majority of the member schools of a league is an official state meet qualifier for that league. Team and individual points can be assigned at scored qualifying races.

3) Two or more leagues may have a "combined race" that is a scored qualifying race for all of the leagues that have a majority of their teams participating in the event. Team scores and individual scores can be separated out for each league's scoring systems.

4) Other league races can be OISRA sanctioned races that are not ranked. Will be no opportunity for jury meetings at these events.

5) Nordic Leagues shall have a race season that consists of at least five (5) scored official state meet qualifying races.

6) A racer can satisfy the 50% participation rule (OISRA Policy #14) by participating in a minimum of three (3) state meet qualifying races.

*At least two (2) of these races must be scored events for his/her league - a combined event "counts" as an official qualifying race for each league that has a majority of their teams participating.*

*One of these races may be either another league's scored event OR a league race for any league that is not ranked.*

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**Proposal 6:** Add League Standard Operating Procedures to Nordic Policies *(additions in bold italics)*

## Section II

### **Leagues . . .**

#### League Responsibilities: . . .

**F. League Standard Operating Procedures - It is the policy of the OISRA not to inhibit the establishing of "local operating procedures" for the running of the leagues. The "local procedure" provisions shall not deviate from the published OISRA Policies, and Race Rules regarding the fair and equitable participation and scoring and classification of the contestant. Each league will have Standard Operating Procedures that clarify and explain the following:**

- *When regular League meetings take place [one meeting is mandatory]*
- *Provisions for special league meetings*
- *A statement about who is allowed to vote for each member school on league matters (including both full and associate member schools)*
- *The voting requirements for passing a motion for that league.*

- **Race procedures - any variance from the "OISRA Nordic Rules and Regulations" or explanatory details specific to league races**
  - **Scoring for Varsity teams in league races**
  - **Varsity Relay team scoring**
  - **League Race Formats**
  - **Seeding for mass start races and relay races**
  - **A method of rating the athletes that is based upon their season performance and shall include a means of resolving a tie between individuals and a tie between teams.**
  - **The Jury Members: Identification of the individuals or officials that will comprise the race jury, and a statement of which members of the jury have a vote in jury deliberations.**
  - **A statement of the amount of league dues (if any) and when they are payable**
  - **How League Allotments (for state meet) will be converted to which skiers participate at state.**
  - **A method of recording accidents or incidents at league races in conformity with section 19 incident reports and their submittal to the OISRA.**
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**Proposal 7: Add Nordic Temporary Membership to Nordic Policies (additions in bold italics)**

#### **H. Nordic Temporary Membership**

**Temporary OISRA membership allows Nordic students affiliated with temporary member high schools to participate in specific OISRA sanctioned event(s). Temporary member high school teams (and individuals on those teams) participate at a competitive event as if the high school were an OISRA member for only that event.**

- 1. The temporary membership dues are \$1 per season to register a temporary membership school. Each racer's participation fee for each event is set by the Division.**
  - 2. Athletes and teams who compete for an OISRA Temporary Membership School do not receive League titles, nor do they receive State Championship titles.**
  - 3. Temporary Membership Schools do not have voting rights.**
  - 4. Designated coaches for Temporary Membership Schools must have criminal background checks.**
  - 5. The following registration forms must be received before any student from a temporary membership school has permission to participate in an OISRA event.**
    - **A school official must sign the OISRA Temporary Membership Application : MT(N) or MT(A)),**
    - **Designated Head Coach must register online. The OISRA Executive Director can deny permission for any individual to be a designated coach for a Temporary Member School for reasons not listed in the discrimination policy.**
    - **Each racer must register online.**
  - 6. Schools from states other than Oregon are eligible for temporary membership in OISRA.**
  - 7. Any school whose primary ski team is registered as an OISRA member school cannot also be an OISRA temporary member school.**
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**Proposal 8: Add Guest Category for State Championships to Nordic Policies (additions in bold italics)**

#### **I. Guest Category for State Championships**

**Any high school athlete from any state may compete in the OISRA Guest Category at the Nordic OISRA state championships as an individual if**

- (1) They have participated in a Nordic league race as a member of a Temporary Member School team (see H - above) and they pay a State Meet participation fee OR**

**(2) They are an individual who has not attended any OISRA Nordic League races and the following criteria are met:**

- **A school official signs the MG(N) or MG(A) form stating that the school offers a comprehensive curriculum that meets Oregon graduation requirements and giving the student permission to ski in the name of the school**
- **A designated coach signs the MG(N) or MG(A) form, stating that the coach has had a background check, and this coach accompanies the racer to the event.**
- **The OISRA Executive Director can deny permission for any individual to be a designated coach for a Guest category racer for reasons not listed in the discrimination policy.**
- **A designated coach signs the CG(N) or CG(A) release of liability form.**
- **Guest racer signs the A1G release of liability form**
- **A school official signs the OISRA academic certification form, stating that the racer meets the academic eligibility requirements of OISRA Policy 8.**
- **The Division Steering Committee approves the application.**

**Guest Category racers are not eligible to receive OISRA State Championship titles.**

**The results for Guest Category racers are ranked with the other individual racers' results, but they do not displace non-Guest individual racers' points. The race results of the racers in the Guest Category may not contribute to team scores.**

**Awards uniquely different from the standard State Championship awards will be presented to individual GUEST racers:**

- **If less than 4 racers of one gender compete in the Guest Category, the top racer of that gender is presented an award for overall combined performance.**
- **If 4 or 5 racers of one gender are in the Guest Category, the top 2 racers of that gender are presented awards for overall combined performance.**
- **If 6 or more racers of one gender are in the Guest Category, the top 3 racers of that gender are presented awards for overall combined performance.**

**Each Division can limit the number of GUEST racers allowed at the state meet, using whatever criteria the respective Division Steering Committee considers important for providing favorable conditions for all participants.**

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**Proposal 9:** Change the date in Nordic Division Policies Section II C. 2. b. to "**The January 1st** rosters."

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**Proposal 10:** Change the date in Nordic Division Policies Section II G. 1. to read: The State Meet will be 2 days in length and begin on the Friday **before the week OSAA Spring Sports training begins.**

**Appendix IV: Meeting to Discuss OHSNO and OISRA; April 29, 2015; Eric and Laurie's house; 5:30 p.m.**

People present:

Kelly Crowther - Chairman of OHSNO, Sisters High School coach  
Ambrose Su - Summit High School coach  
David Smullin - Redmond High School coach  
Laurie Martin - OISRA President, OISRA Southern League Rep, Northern League Rep  
Eric Martin - Mt. View High School coach, Director of OISRA Nordic  
JD Downing - Director of XC Oregon  
Jinny Martin - OISRA secretary, OISRA Nordic Division Secretary

JD Downing presented a review of the information he had previously presented to the OHSNO Board. He explained how OHSNO could continue to have its own 501 (C) (3) organizational structure and become the OISRA Northern League, maintaining that independent 501 (C) (3) structure - which is allowable under OISRA Bylaws.

The OHSNO Board has not yet made a full commitment to join OISRA under the conditions JD explained. Some OHSNO coaches still have concerns. The OHSNO coaches who were present voiced their own concerns and also asked questions they thought addressed the concerns of OHSNO coaches who were not present.

David Smullin summed up the discussion by saying it looked like the remaining questions are about money.

Eric suggested the option of having a "trial season" - **where the OHSNO schools become members of OISRA and reactivate the OISRA Northern League, while leaving the current OHSNO organizational structure exactly as it is - but having no teams in OHSNO for the trial season.** [JD explained this option as "leaving the car parked in the garage," while the passengers leave the car.]

This option has the advantage of allowing the OHSNO teams to try out OISRA without having to change anything about OHSNO during the trial season.

For BOTH options, the OHSNO organization would need to maintain a Board and file required reports, in order to maintain its 501(C) (3) status.

For BOTH options, the OHSNO organization retains all its assets.

**The consensus of the OHSNO coaches who were present was to recommend to the OHSNO Board that they have a "trial season" next year.** They will tell OISRA the OHSNO Board's decision ASAP.

If the OHSNO Board chooses the "trial season," the OHSNO Board can reevaluate what they want next year. They would be considering exactly the same options next year that they are considering now:

- 1) Have another trial season (no changes);
- 2) Change the "Primary Purpose" of the OHSNO 501 (C) (3) organization, and become a separately incorporated OISRA Nordic League - Northern League- (Would need to make some changes to the OHSNO documents)
- 3) Go back to being an independent organization.

The "trial season" choice buys time for OHSNO coaches to do some more thinking about these options - and postpones the work of rewriting OHSNO documents.

Laurie summed up the reason to continue to work on this - everyone is tired of answering the question "Why are there two leagues?" Everyone agreed with her.